	AIHANMI KATATE DORI	GYAKUHANMI KATATE DORI	RYOTE DORI	KATATE RYOTE DORI	KATA DORI	RYO KATA DORI	KATATE DORI KUBISHIME	KATA DORI MENUCHI	SHOMEN UCHI	YOKOMEN UCHI	CHUDANTSUKI
SUWARIWAZA											
ikkyo	5				4				5		
nikkyo	4				4				4		
sankyo	4										
yonkyo	4										
irimi nage	5								5		
kote gaeshi									4		
kokyu ho			5								
HANMIHANDACHI WAZA											
ikkyo		3									
shiho nage		3									
TACHIWAZA											
ikkyo	5	4		3	4			3	5	3	3
nikkyo	4	4		3	4			3	4	3	
sankyo	4								4 (uchi, soto)	3	
yonkyo	4								4	3	
gokyo										3	
irimi nage	5	4							5	3	3
shiho nage	5	4								4	
tenchi nage		5	3								
kokyu nage			3	3						4	
udekime nage	4	4								4	
kote gaeshi	4	4							4	3	3
koshi nage	4		3								
uchi kaiten nage		4									3
soto kaiten nage		4									3
USHIRO WAZA											
ikkyo			3				4				
irimi nage			3				4				
kote gaeshi			3								